

UP TO 5.75 CE CREDITS OFFERED

HOT TOPICS IN ORTHOPEDICS

*FUN IN THE
WINTER SUN*
**MARCH 1
2025**

Presented by



SEAHEC

PART OF NC AHEC



Michael Marushack, MD
EmergeOrtho

Undergraduate: Creighton University

Medical School: University of Utah School of Medicine

Residency: Washington University School of Medicine, Barnes Hospital

Fellowship: American Sports Medicine Institute: Sports Medicine



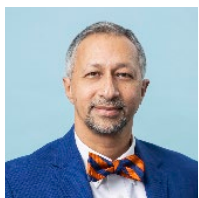
Earl Frantz, MD
EmergeOrtho

Undergraduate: Central Michigan University

Medical School: Ohio University College of Osteopathic Medicine

Residency: Naval Hospital in Jacksonville, Florida

Fellowship: University of San Diego and Camp Pendleton:
Sports Medicine



Ashraf Guirgues, MD, FAAOS
EmergeOrtho

Undergraduate: University of Pennsylvania

Medical School: University of Pittsburgh School of Medicine

Residency: Wayne State University

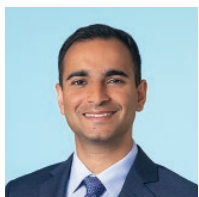
Fellowship: Charlotte Spine Center: Spine Surgery



Dan Duffy, LAT, ATC, CSCS
EmergeOrtho

Undergraduate: East Carolina University

Graduate: MBA University of North Carolina Wilmington



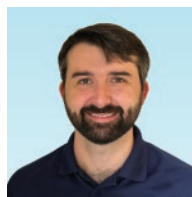
Vishavpreet Singh, MD
EmergeOrtho

Undergraduate: University of North Carolina at Chapel Hill

Medical School: University of North Carolina at Chapel Hill School of Medicine

Residency: Marshall University, Joan C. Edwards School of Medicine

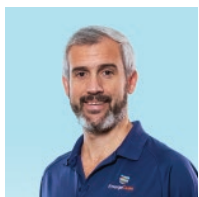
Fellowship: NYU Langone Medical Center: Adult Reconstruction



Will Cooner, PT, DPT, SCS
EmergeOrtho

Undergraduate: Rhodes College

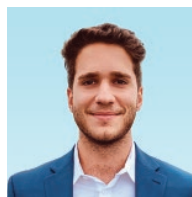
Graduate: University of Central Arkansas



Jeremy Snodgrass, PT, DPT, OCS
EmergeOrtho

Undergraduate: Duquesne University Bayer School of Natural Sciences

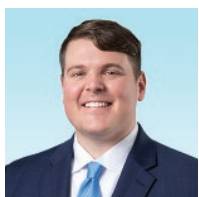
Graduate: Duquesne University Rangos School of Health Sciences



Shaian Lashani, BS

Undergraduate: North Carolina State University

Medical School: University of North Carolina at Chapel Hill ('26)



Matthew Braswell, MD
EmergeOrtho

Undergraduate: University of North Carolina at Chapel Hill

Medical School: University of North Carolina at Chapel Hill School
of Medicine

Residency: Carolina Medical Center / OrthoCarolina

Fellowship: Hospital for Special Surgery: Foot and Ankle



Andrew Kozlow, BA, MS

Undergraduate: Wake Forest University

Graduate: Case Western Reserve University School of Medicine

Medical School: University of North Carolina at Chapel Hill ('26)



HOT TOPICS IN ORTHOPEDICS

FUN IN THE WINTER SUN AGENDA

7:00 – 7:45 a.m.	REGISTRATION / BREAKFAST	
7:50 – 8:00 a.m.	ANNOUNCEMENTS AND WELCOME	
8:00 – 8:45 a.m.	Robotic Total Shoulder Arthroplasty (Computer Navigation for Total Shoulder Arthroplasty)	Michael Marushack, MD
8:45 – 9:30 a.m.	Oh My Aching Back: How To Evaluate Lumbar Back Pain	Ashraf Guirgues, MD, FAAOS
9:30 – 9:45 a.m.	REFRESHMENT BREAK	
9:45 – 10:30 a.m.	Advances in Total Knee Replacement: The Last Decade	Vishavpreet Singh, MD
10:30 – 11:15 a.m.	The Crazy Runner: A brief guide on preventing, rehabilitating, and understanding running injuries	Jeremy Snodgrass, PT, DPT, OCS
11:15 – 12:00 p.m.	Ankle Replacement: Where do we stand in 2025?	Matthew Braswell, MD
12:00 – 12:30 p.m.	Case Presentation	Shaian Lashani, BS Andrew Kozlow, BA, MS
12:30 – 1:30 p.m.	LUNCH AND ANNOUNCEMENTS	
1:30 – 2:15 p.m.	The Effectiveness of Cryoablation of Geniculate Nerves Pre TKA	Earl Frantz, MD
2:15 – 3:15 p.m.	Lower Extremity Strength and Functional Testing in Rehabilitation and Return to Play	Dan Duffy, LAT, ATC, CSCS William Cooner, PT, DPT, SCS
3:15 – 3:30 p.m.	CLOSING REMARKS	

REGISTRATION FORM

EmergeOrtho Orthopedic Conference
Fun In The Winter Sun: Hot Topics In Orthopedics
(69453) Saturday, March 1, 2025

Name _____

Home Address _____

City _____ State _____ Zip _____

Home Phone _____ Work Phone _____

E-mail _____

Degree / Certification in: _____

CE Credit Required (name of credit): _____

Employer _____

Work Address _____

City _____ State _____ Zip _____ County _____

Job Title/Position _____

Make checks payable to SEAHEC or please bill my: ☐ VISA ☐ Mastercard

Card # _____ Exp. Date _____

Signature _____

Cardholder Printed Name _____

Cardholder Address _____

City _____ State _____ Zip _____

COURSE DESCRIPTION

This live, in-person program offers continuing professional development for healthcare providers, nurses, and rehabilitation professionals, focusing on the latest advancements in orthopedic care. Attendees will learn about robotic total shoulder arthroplasty with computer navigation, minimally invasive spine surgery, and recent innovations in total knee replacement.

The program also covers ankle replacement in 2025, injury prevention and rehabilitation for runners, and the effectiveness of cryoablation of geniculate nerves before knee surgery. Additionally, sessions will focus on lower extremity strength testing for rehabilitation and return-to-play protocols. Case presentations will allow for practical application of these topics.

This hands-on learning experience aims to refine diagnostic and treatment approaches for a variety of orthopedic conditions.

LEARNING OBJECTIVES

At the conclusion of this live activity, participants should be able to:

- Enhance understanding of the complexity of ankle arthritis.
- Identify common overuse injuries in the distance running population.
- Identify different sources of knee pain.
- Understand treatment options for shoulder arthritis.

LEARNING OUTCOME

Participants of this activity will self-assess an increase in knowledge regarding current and emergent trends in orthopedic care.

TARGET AUDIENCE

Physicians, Advanced Practice Providers, Physical Therapist, Nurses, Athletic Trainers.

CONTINUING EDUCATION CREDIT STATEMENTS AND DISCLOSURES

AMA PRA Category 1 Credit(s)[™]:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Southern States CME Collaborative (SSCC) through the joint providership of South East Area Health Education Center (SEAHEC) and EmergeOrtho. SEAHEC is accredited by the SSCC to provide continuing medical education for physicians. SEAHEC designates this live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CME for Physician Assistants:

AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 5.75 hours of Category 1 credit for completing this program.

SEAHEC is accredited by the SSCC to provide continuing medical education for physicians. SEAHEC designates this live activity for a maximum of **5.75 AMA PRA Category 1 Credit(s)[™]**.

Nursing Credit:

SEAHEC is approved as a provider of continuing nursing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Total number of Nursing Contact Hours: Up to **5.75**

Contact Hours:

This program provides up to **5.75** Contact Hours.

NCBPTE

SEAHEC, as part of the NC AHEC system, is an approved provider of NCBPTE with regard to activities directly related to physical therapy for continuing competence.

Total number of NCBPTE Contact Hours: **5.5**

REGISTRATION



\$125—Payment is required at time of registration.

Register online at: <https://bit.ly/3C5OKON>

- Credit Card payment online—www.seahec.net
- Credit Card payment by fax—866-734-4405
- Check payment by mail—SEAHEC Registration; 2511 Delaney Ave., Wilmington, NC 28403

Refunds/Cancellations

- Registrants cancelling between two weeks and two full business days **prior to the first day of the event** are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) are welcome (notify us of this in advance of the program)
- Cancellations **must** be in writing (fax, email, or mail)



For special services, assistance, or information contact SEAHEC.

DIRECTIONS

UNCW Burney Center

Visitor Parking: Lot M. The Burney Center is located adjacent to Lot M.

Address: 4941 Riegel Rd, Wilmington, NC 28403.

Located just off College Road on the UNCW Campus, Wilmington, NC and 78 miles north of North Myrtle Beach, SC.

SEAHEC Contact Person Sophia Camp

sophia.camp@seahec.net

EmergeOrtho Contact Person Jennifer Loper

910.332.1507 jennifer.loper@emergeortho.com

To register online, you must create an AHEC account. Save this user name and password to log in, register and access course materials and credit transcripts for all AHEC programs you attend.