

HELPING THE HERO

A Closer Look at Mental Health Issues in the Military Population



Tuesday, March 21, 2017

9:00am - 4:00pm | Registration at 8:30am
SEAHEC | 2511 Delaney Ave.
Wilmington, NC

Event Description

Currently there are some 3.5 million people serving in the Active or Selected Reserve components of the United States military, around the country and around the world. And with over 2.5 million deployments since 2001 and a continued presence in Iraq, Afghanistan, and other areas of conflict, the need for quality, culturally competent care for service members and their families has never been greater. In this workshop participants will first gain a basic knowledge of military culture. Secondly, they will examine the impact of deployment on the military members and their families with emphasis on the mental health issues that often result.



Featured Speaker | **Jim D. Baxendale, Ph.D, CTS, EMT-P, CTR** has over 35 years experience in the mental health field and over 25 years experience in crisis intervention and providing Critical Incident Stress Management intervention and training services to private and public agencies. In addition, he has over 30 years experience as a college-level professor of psychology. A veteran of over 3 years of combat service in Viet Nam, Dr. Baxendale developed an early interest in Post-Traumatic Stress Disorder. Following 24 years of military service, he established a private practice which focused on the diagnosis and treatment of Acute and Post-Traumatic Stress Disorder. He continues to conduct PTSD evaluations, including psychological autopsies, to assist veterans and their families.

Objectives

At the completion of this live educational activity, participants should be able to:

- ★ Achieve a basic understanding of the military culture competence.
- ★ Discuss the relationship between military service and mental health issues, especially posttraumatic stress disorder, depression, substance abuse, suicide, and family relationships.
- ★ Understand general and deployment-related stressors for military families, along with the stages of the deployment cycle.

Target Audience

Psychologists, Counselors, Social Workers, those working with military families and personnel and other interested healthcare providers



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ENLIST

Registration fee: \$85/\$95 includes credit & cost of instruction and Lunch.

Payment methods: Full payment must accompany your registration. Payment may be in the form of: cash, check (payable to SEAHEC), Visa or MasterCard.

In Person or by Mail: **2511 Delaney Ave.
Wilmington, NC 28403**

By Fax (*credit card only*): **866-734-4405**
Online (*credit card only*): www.seahec.net

Refunds/Cancellations:

Notification must be received at least two business days prior to the start date, you may choose one of the following:

- ▶ Receive a refund, minus a 30% processing fee;
- ▶ Provide us with the name of a substitute who will attend the program in your place;
- ▶ Transfer your registration to a different SEAHEC program.

If notification is received less than 2 days prior to start date, SEAHEC is unable to process any refund option.

Credit

Category A-NC Psychology Credit: This program will provide 6.0 contact hours of (Category A) continuing education for North Carolina psychologists. No partial credit will be given.

6.0 Contact Hours

National Board for Certified Counselors Credit (NBCC)

-6hours: SEAHEC is an NBCC Approved Continuing Education Provider and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (Provider #5597)



Agenda

8:30 – 9:00	Registration
9:00 – 10:30	Overview of The Military Culture
10:30 – 10:45	Break
10:45 – 12:00	Stressors and Challenges and Mental Health Issues for Military Families
12:00 – 12:30	Lunch (Provided)
12:30 – 2:15	The Deployment Cycle: Pre-deployment; Deployment
2:25 – 2:30	Break
2:30 – 4:00	The Deployment Cycle: Post-deployment; Complicated Reintegration
4:00p	Adjourn



Course Materials, Evaluations and Certificates of Attendance will be provided electronically. Please be sure SEAHEC has your e-mail address on file.



If you have any questions concerning accessibility or special needs assistance, please call 910-343-0161.

Lactation room available. See a SEAHEC staff member for assistance.

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ENLIST 

SEAHEC REGISTRATION FORM [M50446]

Event Name: Helping the Hero: A closer look at Mental Health Issues in the Military Population Date: 03-21-17

Registration Fee: \$85 [Before Feb 24] \$95 [After Feb 24]

Name: _____ Last Four Digits of SS#: _____

Credentials: _____ Title/Occupation: _____

Preferred e-Mail Address: _____

In order to receive all course notifications and materials, please provide a preferred e-mail address. Thank you!

Home Address: _____

Home City/State/Zip: _____ Home Phone: _____

Workplace/Dept.: _____ Work Phone: _____

Work Address: _____ Work City/State/Zip: _____

Payment method (if applicable): Cash Check VISA MasterCard

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