



Caring for Patients with Long COVID: The Current State

Recorded Webinar

Program Description

For many, COVID symptoms resolve within two weeks. However, nearly a third of patients develop a relapsing-remitting pattern of symptoms that can be multisystemic, severe, and even life-threatening long after initial infection.

This self-paced course aims to arm clinicians in primary care, internal medicine, and rehabilitation specialties with the latest information and resources for managing patients with Long COVID. The learner will gain insight to evaluation and management of common Long COVID symptoms, including but not limited to fatigue, neurologic sequelae, respiratory conditions, and dysautonomia. Learners will also be presented with screening tools and basic interventions for rehabilitation therapists working with Long COVID patients, as well as patient case studies.

Target Audience

Physicians, APPs, Nurses, Occupational and Physical Therapists, and other interested members of the healthcare team.

Learning Outcome

Participants will self-assess a gain in knowledge related to the functional and physiological impairments associated with Long COVID.

Cost: \$50.00

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NHNHRMC Employees register via NetLearning

Course expires on 12/31/2023

Contact: Emily Barnes | emily.barnes@seahec.net

Faculty



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Learning Objectives

At the conclusion of this recorded, knowledge-based activity, participants should be able to:

1. Describe common symptoms and the initial evaluation for those with post-COVID conditions.
2. Gain an increased understanding of the epidemiology and risk factors for post-COVID conditions, and identify possible preventive strategies.
3. Describe the evaluation and management of post-COVID fatigue, neurologic sequelae, respiratory conditions, and dysautonomia.
4. Identify patients with Long COVID related impairments who will benefit from outpatient rehabilitation.
5. Identify patients with post-exertional symptom exacerbation (PESE), and review the different treatment approaches utilized for patients with PESE versus those without PESE.
6. Define the roles of PT, OT, and SLP to promote physical and cognitive recovery for individuals with Long COVID.

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Credit

CME Credit: 3.0 Hours

SEAHEC designates this enduring material for a maximum of 3.0 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

CME for Physician Assistants: 3.0 Hours

AAPA accepts certificate of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 3.0 hours of Category 1 credit for completing this program.

Nursing Contact Hours: 3.0 Hours

South East Area Health Education Center (SEAHEC) is approved as a provider of continuing nursing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NCBPTE: 2.5 Hours

SEAHEC, as part of the NC AHEC system, is an approved provider of NCBPTE with regard to activities directly related to physical therapy for continuing competence.

Contact Hours: 3.0 Hours

This activity has been approved for a total of 3.0 Contact Hours.

