



# MEETING THE HEALTHCARE NEEDS OF LESBIAN, GAY, BISEXUAL, AND TRANSGENDER PEOPLE:

ENDING INVISIBILITY AND  
KNOWING YOUR PATIENTS

**WEDNESDAY  
SEPTEMBER 14, 2022  
5:15 PM-7:45 PM**

**LIVESTREAM  
WEBINAR**

## *Program Description*

Over the years much attention and focus has been on addressing the needs of diverse patient populations, however, it has only been recently that health care has begun to focus on the unique needs and health disparities of lesbian, gay, bisexual, and transgender (LGBT) patients. While members of this community share the same health concerns as the rest of the population, they also face additional challenges and health risks. These unique challenges can include less access to insurance and health care services as well as higher rates of smoking, alcohol, and substance abuse. This group is also at higher risk for mental health issues such as anxiety and depression, sexually transmitted disease, and increased incidence of some cancers.

The research also indicates that LGBT patients often do not receive the same level of care as other patients because of experiences of stigma, lack of awareness, and insensitivity to their unique needs. Thus, these patients face many barriers to equitable care. This workshop will begin to address the cultural competency needed to work with members of this community by increasing the participant's knowledge base on identity development and the discrimination and oppression faced by the LGBT individuals. The presenter will discuss health related issues and the barriers to care often experienced by this specific community. The goal of this workshop is to enable both health and mental health professionals to recognize the impact of invisibility and stigma on the LGBT community and on their health care; to provide a more welcoming environment from which to engage these patients in their care. This workshop will be interactive with thought provoking dialogue around these issues.

## *Target Audience*

This program is beneficial for an interdisciplinary audience including physicians, nurses, health and mental health professionals; psychologists; substance abuse counselors, and anyone interested in this topic.

## *Registration Fee*

**\$35**

**NHNHRMC Employees  
Register via NetLearning**

**REGISTER HERE**

## CANCELLATION/REFUND POLICY

- Registrants cancelling between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee.
- No refunds or credits will be given for cancellations received less than two full business days prior to the event.
- Cancellations greater than 2 weeks prior to the event will receive 100% refund.
- No vouchers will be issued in lieu of a refund.
- Transfers/substitute(s) are welcome (notify us of this in advance of the program).
- Cancellations must be in writing (fax, email, or mail).

## Learning Objectives

At the conclusion of this activity, participants should be able to:

1. Demonstrate increased familiarity of issues, health disparities and barriers facing members of the LGBT community;
2. Describe the ways in which discrimination and oppression can impact the overall health and mental health of LGBT individuals;
3. List strategies to engage in LGBT patients in their care that will create a welcoming environment and open interactions.
4. Demonstrate ways to provide more sensitive, affirmative, and culturally relevant and effective treatment to LGBT patients.

## Learning Outcome:

Participants will self-assess a gain in knowledge related to biases and barriers that many LGBTQ+ community members may encounter when interacting with the healthcare community.

## Faculty

Avery Cook, MSW, LCSW is the Associate and Clinical Director at Counseling and Psychological Services at UNC-Chapel Hill, where she engages in clinical work with individuals on issues involving gender identities and expression, LGB culture and identity development, as well as anxiety, depression, and crisis intervention. She has been a field instructor with UNC-CH School of Social Work for the past 10 years and serves as a training consultant with the School of Social Work's AHEC Training Partnership; conducting trainings across the state on issues related to gender identity and gender expression.



**If you have any questions about accessibility or special needs assistance, please contact [Shawna.Eveland@seahec.net](mailto:Shawna.Eveland@seahec.net)**

## Credit

### AMA PRA Category 1 Credit(s)<sup>™</sup> 2.5

SEAHEC is accredited by the North Carolina Medical Society to provide continuing medical education to physicians. SEAHEC designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Nursing Contact Hours 2.5

South East Area Health Education Center (SEAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. No partial credit will be given. Participants must attend the entire program in order to receive credit.

### Contact Hours 2.5

This program will provide up to 2.5 contact hours. Contact hours may be submitted to the board by Licensed Clinical Social Workers for continuing education credit approval.

### Contact Hours (Category A) CE for NC Psychologists 2.5

This program will provide 2.5 contact hours of (Category A) continuing education for North Carolina Psychologists. No partial credit will be given.

### NBCC Hours 2.5

SEAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5597.



Programs that do not qualify for NBCC credit are clearly identified. SEAHEC is solely responsible for all aspects of the programs.